



Step right up to the

# CREEK SHOW!

Panhellenic Recruitment

Fall 2022



# 2022 Event Schedule\*

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## Meet and Greek!

**Mon. August 15<sup>th</sup>, 11-1 pm, Kyser Brickway**

Meet the awesome fraternities and sororities that make up the Greek community at NSU. Learn about what makes each chapter unique and opportunities available to members and, of course, how to join!

## Greek 1010

**Tues. Aug. 16, 6pm, Student Union Ballroom**

All Greek informational to learn more about fraternity & sorority recruitment and intake. Anyone interested in joining a Greek organization at NSU should attend.

## The Tea on Sorority Life

**Wed. Aug. 24, 5pm, Student Union – Lucile M. Hendrick Room**

Come join our Gamma Chis as we sip on iced tea and learn more about life in a sorority at Northwestern State University!

## Panhellenic Open House

**Sun. Aug. 28, 3-5pm, President's House**

Meet your recruitment counselors and learn about everything you will need to know about the recruitment process and sorority life!

## Popcorn & PJs

**Wed. Aug. 31, 3-5pm, Student Union – Lucile M. Hendrick Room**

Sit back and relax in your favorite PJs as we kickoff recruitment weekend with a movie night! You will officially meet your Gamma Chi groups at this event.

## Sorority Convocation

**Thur. Sep. 1, 7pm, Student Union Ballroom**

This program will go over everything you will need to know about the formal recruitment weekend. From what to wear, how bidding works, what each day will focus on, to how much it costs to join and what all is covered, you will get all of your questions answered as we kick off your formal recruitment experience.

## Formal Sorority Recruitment

**September 2-4**

This process is designed for you to meet the women of the chapters and for them to meet you. You will learn about the values of each organization so that you can make the best decision on which sorority will be the best fit for you. Each day will be different as there is a sisterhood day, philanthropy day, and preference day. The weekend concludes with a bid day party for each sorority.

\* Schedule Subject To Change



# 2022 Recruitment Schedule\*

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## Sisterhood Day – Friday, September 2

On this day you will learn about Panhellenic sorority life at NSU. You will find out valuable information about the benefits of membership along with what your financial, academic, and other obligations of being a member are. This will be your first opportunity to meet many of these women and you will want to make a good first impression. Remember to ask questions. You will be visiting with each sorority on this day.

- 12:45 p.m. Arrival & Check-in
- 1:15 p.m. Welcome & Sisterhood Description
- 2:00 p.m. Party #1
- 2:45 p.m. Party #2
- 3:30 p.m. Party #3
- 4:15 p.m. Party #4
- 5:00 p.m. Party #5
- 5:45 p.m. Party #6
- 8:00 p.m. Philanthropy Round Selections Due

## Philanthropy Day – Saturday, September 3

Philanthropy is a major component of membership for a sorority. On this day you will learn about the community service and philanthropic efforts of the chapters as well as their campus involvement. Be sure to ask about the types of service events that are offered and what causes the sororities have helped to support. This day marks the first day of invitation only parties.

- 10:00 a.m. Arrival & Check-in
- 10:30 a.m. Welcome & Philanthropy Day Description
- 11:00 a.m. Party #1
- 11:45 a.m. Preference Selections Begin
- 12:00 a.m. Party #2
- 1:00 p.m. Party #3
- 2:00 p.m. Party #4
- 4:00 p.m. Preference Round Selections Due



# 2022 Recruitment Schedule\*

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## Preference Day – Sunday, September 4

This is the final and most formal round of formal recruitment. The conversations on this day are more intimate and members will share with you their experiences as part of a sisterhood. You will want to discuss what attracted women to want to be a member of their chapter, what it means to be a member of their sorority, and how the members live out their chapter values. This is the second day of invitation only rounds that you will attend. After visiting each sorority that you were invited to attend rounds for, you will make your selections based on the chapter you are willing to accept a bid of membership from.

7:45 a.m. Arrival & Check-in

8:00 a.m. Welcome & Preference Description

9:00 a.m. Party #1

9:45 a.m. Final Selections Begin

10:00 a.m. Party #2

11:00 a.m. Party #3

4:15 p.m. Bid Pick-Up

4:30 p.m. Bid Acceptance

4:45 p.m. Meet New Sisters\*\*

## Bid Day

This marks the conclusion of the formal recruitment weekend and the beginning of your new experience as a sorority woman at NSU. Those women who have been matched with a sorority can now celebrate with their new sisters. Each chapter hosts a bid day party at the conclusion of the bid day ceremony at the Columns on Normal Hill.

\* Schedule Subject To Change. Additional Party Rounds may be added.

\*\*After Meeting Your New Sisters, Each Chapter Holds A Bid Day Party



# Welcome to Sorority Life

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**On** behalf of the **College Panhellenic Council of Northwestern State University**, we welcome you to our sorority recruitment weekend. We are so excited that you have chosen to take part in nearly a century of Greek leadership on this campus. Within the Greek community you will gain lifelong friendships, a home away from home, amazing opportunities for leadership and involvement, and a network of amazing women who will support you during your collegiate years and beyond.

This recruitment experience is about choice. You have made the first choice in deciding to join us for this process. We want to make sure that the choice you make at the end of this experience is the right one for you. Go in with an open mind and heart and really learn about these women and their organizations. As you consider membership in a Panhellenic sorority you must choose how to evaluate your own values and how membership in a sorority can support you in upholding these ideals and standards.

As you move through the recruitment process you will learn more about the expectations that each chapter holds themselves to and the benefits of membership to yourself and to the university community. At NSU we are committed to the positive development of each member of the Greek community through enriching programs and experiences designed to cultivate personal growth and strengthen leadership potential. We place a high standard of excellence on academics, personal responsibility, and service through giving back to the university and Natchitoches community on a continual basis.

We are here to help you, guide you, and support you through the recruitment process. We are so pleased that you have seen value in what sorority has to offer and we want to make sure that your recruitment experience is a positive one. Please be sure to reach out to any of us or one of your recruitment counselors should you have any questions or need any assistance in any way. Remember to be yourself, ask questions, have fun, and build friendships with the women you meet along the way.

Yours in Panhellenic,

*Mary-Katherine Horton*, Director of Greek Life & College Panhellenic Advisor

*Makensie Vienne*, College Panhellenic President

*Juliana Lummus*, College Panhellenic Vice President of Recruitment





The **College Panhellenic Council** at Northwestern State University is the coordinating body of the 3 National Panhellenic Conference sororities on campus. The council is composed of 4 executive board members, a delegate and junior delegate from each sorority. The Panhellenic Council promotes the growth of individual chapters and sorority community, encourages the highest possible academic, social, and moral standards, coordinates activities and a membership recruitment program, and promotes friendship, harmony, and unity among members, chapters, faculty, administrators, and campus groups.

## Gamma Chis

Recruitment is an exciting and memorable experience, but it can be a hectic and emotional time as well. Recruitment counselors, referred to as **Gamma Chis**, are undergraduate women representing the various sororities at NSU that have disaffiliated from their chapters to help you through the process.

These women have been through extensive training in preparation for this week and have participated in recruitment themselves. They are available for you 24 hours a day as impartial listening guides and friends. Get to know your Gamma Chis because they want to get to know you and help you make the best decisions based on your own personality and interests.



# Meet Your Gamma Chis

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**Carly Blondin**



**Caroline Bourgeois**



**Ellie Carlson**



**Natalee Cook**



**Claire Guin**



**Taylor Guin**



**Olivia Holloway**



**Hailee Hroch**



**Miya King**



**Morgan Landry**



**Baylee Lemoine**



**Juliana Lummus**



**Anna McMillon**



**Natalie Stephenson**



**Makensie Vienne**



**Raegan Wallace**

*The iOS Mobile App is Here!*

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## ICS has gone mobile!

Now available in the Apple App Store for all iOS devices!

All users can now log in with Touch/Face ID devices  
(Perfect for PNM Daily Selections!)

- Open the **App Store** on your iOS device
- Type "**OMEGAFI**" in the search box
- "**ICS Recruit**" will appear by "**OMEGAFI**"
- Tap on "**Get**"
- Login with your **user name** and **password**
- Scroll to select (**Sorority, Fraternity, Training**)
- Enjoy and appreciate the **EASE** of our new mobile app!

**ICS Recruit by OmegaFi**

<https://apps.apple.com/us/app/ics-recruit/id1424993762>

If you are unable to download the ICS app, you can still access ICS by visiting  
[www.nsula.edu/greeklife/how-to-join/](http://www.nsula.edu/greeklife/how-to-join/)



## *Potential New Member Expectations*

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- You must be a full-time (at least 12 hrs) student at Northwestern State University.
- You must attend all events by each chapter to which you are invited.
- You will rank each chapter that you visit upon the completion of your final event for each day.
- You should rank all chapters at the conclusion of the final round of recruitment from which you are willing to accept an invitation to join.
- You may not contact any active sorority woman during the recruitment weekend, nor may they contact you. If you have questions, contact a recruitment counselor.
- You must be respectful to all sorority women during the party rounds. You are a guest.
- You are expected to engage in conversation with the sorority women you are meeting during rounds.
- You may not spread rumors or make disparaging remarks about chapters, sorority women, or other PNM's.
- You may not be on your phone or other devices or have them out during recruitment rounds.
- You may not take anything out of a chapter round as a "souvenir." You may, however, exit with a food or drink item but it must be thrown away before entering another round.
- You should be fully aware of all financial, academic, and other obligations before accepting a membership to join a sorority.
- You should be aware that there is no guarantee that you will receive an invitation to join a sorority.
- You should keep an open mind during recruitment and be sure that any decision that you make is your own.
- You should be aware that sorority members may not make promissory comments or give oral or written invitations to join. Bids are only issued on Bid Day. You are to contact a recruitment counselor, Vice President of Recruitment, or the Panhellenic Advisor should a situation like this occur at any time.
- You must contact a recruitment counselor, Vice President of Recruitment, or the Panhellenic Advisor should an emergency arise that may prevent attendance at a recruitment round.

**Should you fail to adhere to these expectations you may be removed from the formal recruitment process.**

# Potential Member Bill of Rights

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**The right to** be treated as an individual

**The right to** be fully informed about the recruitment process

**The right to** ask questions and receive true and objective answers from recruitment counselors

**The right to** be treated with respect

**The right to** be treated as a capable and mature person without being patronized

**The right to** ask how and why and receive straight answers

**The right to** have and express opinions to recruitment counselors

**The right to** expect confidentiality when sharing information with recruitment counselors

**The right to** make informed choices without undue pressure from others

**The right to** be fully informed about the binding agreements implicit in the preference card signing

**The right to** make one's own choice and decision and accept full responsibility for the results of that decision

**The right to** have a positive, safe, and enriching recruitment and pledging experience

*Should you feel that any of these rights have been violated,  
please inform a recruitment counselor  
or the Panhellenic Advisor immediately.*



# Panhellenic Code of Ethics

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**We** the members of women's sororities at Northwestern State University agree to promote honesty, respect, sisterhood and cooperation within the College Panhellenic and our respective chapters and in our daily lives. This code of ethics is designed to inspire our members, reinforce exemplary conduct and values-based leadership, and perpetuate lifelong membership to enrich the sorority and Panhellenic experience.

We, as Panhellenic women of Northwestern State University, agree on and commit to:

- Uphold and demonstrate the Panhellenic spirit in thought, word and action through our chapters as well as individual members.
- Demonstrate ethical behavior and conduct ourselves in a manner consistent with the mission and values of the College Panhellenic, each inter/national organization and our institution.
- Respectfully adhere to the Unanimous Agreements and all policies established by the National Panhellenic Conference.
- Avoid disparaging remarks about any sorority or collegiate woman and refrain from discussing Panhellenic matters with nonmembers, in accordance with the dignity and good manners of sorority women.
- Recognize friendly relations with all collegiate women, both sorority members and nonmembers, realizing the importance of creating and building friendships.
- Plan recruitment events that provide opportunities for the greatest possible number of women to become sorority members while protecting the rights and privileges of individuals and the chapters.
- Provide a safe, positive and enriching recruitment experience, understanding that membership is a social experience arrived at by mutual selection.
- Strive to be truthful, honorable, open and friendly to all potential new members during all recruitment events.
- Be respectful of the rights of every potential new member to make her own choices, including the right not to join the women's sorority community.
- Refrain from limiting a potential new member's chances of becoming a member of the Panhellenic community by encouraging her to make a single intentional preference or to limit her choices.

We, as Panhellenic women of Northwestern State University, also agree on and commit to:

- Respectfully adhere to the bylaws and recruitment rules of the Northwestern State University Panhellenic Association.
- Abide by all local and federal laws, university policies, and NPC inter/national member organization bylaws.
- Hold one another accountable to these standards, remembering at all times that we represent not only our individual chapters but also the Panhellenic community as a whole.

As Panhellenic women of Northwestern State University these are the tenets by which we strive to live.



# Formal Recruitment Process

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**The recruitment process** is designed to help you find your home in one of our three Panhellenic sororities at NSU, Alpha Omicron Pi, Phi Mu, and Sigma Sigma Sigma.

## Day 1-Sisterhood Day

The chapters will have an opportunity to meet each of the women going through the process during the first round of recruitment on Sisterhood Day and you will visit and learn about all three chapters before making your selections at the end of your three party rounds.

Once you have visited each chapter on the first day of recruitment, you will make your rankings. You will rank each chapter you visited according to the one you felt was the best fit to the least fit. The chapters will also rank each of the women who attended the first day of recruitment. Based on these rankings, that will determine how many women each chapter can invite back for the second day, Philanthropy Day. You are not guaranteed an invitation to attend party rounds from the chapters for the second day of recruitment.

## Day 2-Philanthropy Day

You must attend each round that you are invited back to on the second day of recruitment. At the end of your rounds on Philanthropy Day you will again rank the chapters that you visited that day based on best fit to least fit. The chapters will again rank all of the women who attended their rounds on the second day. These rankings will again determine the invitations for the final day of recruitment, Preference Day. Again, you must attend each round that you are invited back to on Preference Day.

## Day 3-Preference Day

After you attend your rounds on Preference Day, you will then rank only the chapters you are willing to accept a bid from and then sign the Membership Recruitment Acceptance Binding Agreement (MRABA). Though you are not required to rank all the chapters you visited on the last day of recruitment, it increases your chances of receiving a bid at the end of the process if you do. Those rankings will be compared with the ranking lists of the chapters to determine who will be extended a bid. You can only receive one bid at the end of the recruitment process. You are not guaranteed a bid at the end of the recruitment process.



# Membership Recruitment Acceptance Binding Agreement

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## The Membership Recruitment Acceptance Binding Agreement

Things to know about the MRABA:

1. The MRABA is a binding agreement, and once signed cannot be altered or changed.
2. First, you will fill in your information: name, campus address, campus phone number and the college or university you are attending. The MRABA consists of six sections. The sections include completing contact information, checking off a statement to withdraw or continue, initialing seven statements by the PNM as acknowledgment she has read and understands each point, listing sororities in preferential rank order and signing the binding agreement.
3. By signing the MRABA you are saying that the sororities you have ranked are the ones you are willing to accept a bid from. You have the option to list up to two sororities, though you only have to list one. It is recommended to list two options to maximize your options but isn't required. This form solidifies that you can only receive a bid from the organization(s) that you list. However, it is possible that you may not receive a bid from either organization. If this were to happen you would be contacted and informed of this.
4. If you receive a bid and don't accept it you are ineligible to join a sorority until the next primary recruitment period, which occurs once every academic year. This also applies if you accept the bid and then decide to not continue membership with the sorority that extended you a bid.

## RECRUITMENT PROCESS RECAP

1. You will visit all three sororities on Day 1 of recruitment.
2. You will rank all the chapters you visit on Day 1 and Day 2.
3. You must attend every round you are invited to or you will be removed from the recruitment process.
4. You are not guaranteed an invitation to a party round on Day 2 or Day 3.
5. You will rank only the chapters you are willing to accept a bid from at the end of Day 3.
6. You are not guaranteed a bid at the end of the recruitment process.
7. If you receive a bid at the end of the process and choose not to join or do not stay with the chapter you accepted the bid from, you cannot join another Panhellenic sorority until the next primary recruitment the following fall semester.



# It's All Greek to Me

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**Active Member:** a fully undergraduate member of a fraternity or sorority.

**Alumni/Alumna:** an initiated fraternity or sorority member who has completed their course of study and graduated from the university.

**Badge:** a membership pin, often jeweled, worn on clothing that indicates membership in a fraternity or sorority.

**Bid:** a formal invitation given by a chapter asking a prospective member to join the chapter.

**Calls:** a unique vocal expression attributed to an organization. Calls are special to members and should not be replicated by non-members.

**Chapter:** the local membership of an inter/national fraternal organization at a university.

**College Panhellenic Council (CPC):** the governing body for all sororities in the National Panhellenic Conference. NSU has 3 NPC affiliated sororities.

**Colony:** a fraternal membership that has received approval from the university and recognition from one of the governing councils but is in a trial period with their inter/national organization.

**Continuous Open Bidding:** an informal process of recruitment that some College Panhellenic chapters will engage in each academic year.

**Crossing:** a term used to indicate that a new member has been fully initiated into a group.

**Fraternity:** a Greek-letter brotherhood or siblinghood.

**Greek:** the name applied to affiliated fraternity and sorority members.

**Hand Sign:** a symbol or gesture made with the hands to signify an organization. Hand signs are special to members and should not be replicated by non-members.

**Informational:** a forum for individuals interested in seeking more information about a particular fraternity or sorority.

**Interfraternity Council (IFC):** the governing body for our 7 men's fraternities; many groups are members of the North-American Interfraternity Conference.

**Initiation/Activation:** the traditional ritual or formal ceremony of induction that marks the transition to full membership in a fraternity or sorority.

**Legacy:** a prospective member whose grandparents, mother/father or sister/brother is an alumni of a fraternity or sorority.

**Line:** group of individuals going through the membership intake process. Another term is new member class.

**Membership Intake Process (MIP):** a process by which interested persons become members of NPHC organizations. Generally characterized by an informational meeting, an application process, an interview or series of interviews, and an educational process.

**National Panhellenic Conference (NPC):** an organization composed of 26 member women's sororities. NSU has 3 affiliated sororities.

**National Pan-Hellenic Council (NPHC):** a national governing organization of nine historically African-American fraternities and sororities. Northwestern State University has a local council to help govern the chapters represented on campus. The member organizations are sometimes referred to as the Divine Nine. NSU has 7 NPHC affiliated fraternities and sororities.

**Neophyte (Neo):** a term some organizations use to refer to a new member of a sorority or fraternity.

**New Member:** a prospective member from the time the member accepts a bid to affiliate until the time the member is initiated. Each organization and council use a variety of terms to identify their new members as new members.

**New Member Presentation:** a presentation where new members of NPHC organizations present themselves as initiated members of their organizations to the campus community.

**New Member Program:** the education and resources chapters provide top new members to help them be successful in the organization and in the classroom. Typically, chapters teach about the history and values of the organization.

**North-American Interfraternity Conference (NIC):** an organization composed of more than 70 national member men's fraternities. The local Interfraternity Council is affiliated with the NIC and has 7 member fraternities.

**Paraphernalia:** articles of clothing, accessories, props, or jewelry that a member may wear or possess that shows pride in their organization.

**Philanthropy:** a charitable fundraiser sponsored by a fraternity or sorority.

**Potential Members:** undergraduate students interested in becoming a member of a fraternity or sorority.

**Recruitment:** the continual process of encouraging men and women to become members to join the fraternity and sorority community.

**Sorority:** a Greek-letter sisterhood or siblinghood.

**Strolling:** organization members move together in a line expressing pride for their organization. In this line, members may express their pride through the use of their organization's call, sign, or historical information, ritual/custom dances, etc. All of this is done through movements that are unique to a particular organization and should not be mimicked.

# Community Values

## Leadership

Leadership opportunities are numerous within the sorority community. As a chapter officer or coordinator of a chapter event, you can develop management and communication skills. From student government to orientation leaders, and honor societies to Demon volunteers, you will find a Greek in almost every leadership role. Because each chapter is self-governing and relies on the special talents of its members for successful management, members have the opportunity to serve as officers, lead committees and initiate change. You will have the chance to experience different roles in the chapter, whether it's handling finances during a philanthropy fundraiser or greeting guests during an alumnae dinner. Each sorority chapter also provides educational programs that will help you refine your time management, leadership, and communication skills.

Striking a balance between academics and extracurricular activities is an important part of college life. We believe campus involvement provides a well-rounded college experience. Sororities value leadership, and likewise encourage chapter members to become involved in campus-wide activities.

## Scholarship

Scholarship, academics, and making good grades are the pillars of college life. Each sorority at Northwestern recognizes the importance of scholastic success. In order to remain an active member, women must maintain their grades throughout membership.

The sororities at NSU want their members to do well in school, and they will provide informational programs to help you achieve your academic goals. All chapters have study hall hours to assist with time management and tutoring programs to create an environment in which you can excel. Scholarships are offered through NPC as well as through local Alumnae Panhellenic Associations and individual chapters.

Greek letter organizations were founded on the principle of exceptional scholarship. The academic performance of each chapter is tabulated every semester to determine an all-sorority grade point average.

## Philanthropy

Philanthropy events at NSU demonstrate that Greek women's interests and concerns extend well beyond social activities. Sororities sponsor a number of activities each and donate their time and money to specific philanthropies or identified causes.

Sorority members actively participate in their own chapter's philanthropy events as well as support other chapters' service efforts. Every year there are 5K runs, bingo, dancing competitions, raffle sales and other events that Greeks plan and support.

The NSU College Panhellenic Council looks to support campus and community needs through events such as Greek Week, Circle of Sisterhood and many other sponsorships to help others on campus, in the community and throughout the state. The opportunities you will encounter to help benefit philanthropies and the community are endless.

## Sisterhood

The most rewarding aspect of joining a sorority is the bond of sisterhood. Membership in a sorority will be a lifelong experience... an investment in your future. Panhellenic sisterhood is more than wearing Greek letters and attending chapter meetings. It's not about conformity...it's about being yourself and being respected for your individuality.

You are joining a network of support that spans across not only the university, but the nation. The bond of sisterhood is one that will be there for you in times of challenge and celebration during your college years and beyond. Chapters host social events, sisterhoods, and other activities to help strengthen the bond of sisterhood among their members throughout the academic year.







# ΑΟΠ

## Alpha Omicron Pi

**Nickname:** A-O-II

**National Founding:** 1897

**NSU Founding:** 1997

**Chapter Name:** Kappa Chi

**Mascot:** Panda

**Flower:** Jacqueminot rose

**Philanthropy:** Arthritis Foundation

**Colors:** Cardinal

**Chapter Website:** [nsula.alphaomicronpi.org](http://nsula.alphaomicronpi.org)

**Suggested GPA:** 2.5

### NEW MEMBER FEES

*What you will pay your first semester*

<b>Fall Semester</b> .....	<b>\$825</b>
New Member Fee .....	\$45
Initiation Fee .....	\$170
Badge Fee .....	\$99
Building Fee .....	\$244
Chapter Dues .....	\$57
Panhellenic Dues .....	\$10
New Member Corporation Fee .....	\$200

<b>Spring Semester</b> .....	<b>\$622</b>
Building Fee .....	\$244
Chapter Dues .....	\$368
Panhellenic Dues .....	\$10

### PAYMENT PLAN INFORMATION

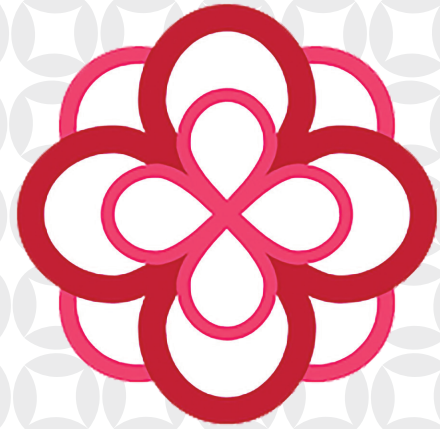
#### New Member Fees

Fall: Three payments of \$275

Spring: Four payments of \$143.40 and one payment of \$48.80

#### Active Member Fees

\$110 per month



*Motto:*

“One motto, one badge,  
one bond and  
singleness of heart”





# ΦΜ

# Phi Mu

**Nickname:** Phi Mu

**National Founding:** 1852

**NSU Founding:** 1968

**Chapter Name:** Kappa Iota

**Mascot:** Lion

**Flower:** Pink Carnation

**Philanthropy:** Children's Miracle Network Hospitals

**Colors:** Rose & White

**Chapter Website:** nsula.phimu.org

**Suggested GPA:** 2.75

### NEW MEMBER FEES (Fall)

**TOTAL** .....\$1107

New Member Fee .....	\$48
Initiation Fee .....	\$148
National Obligation Fee .....	\$98
Badge Fee .....	\$88+ (varies by member choice)
Building Fee .....	\$340
Chapter Dues .....	\$240
Panhellenic Dues .....	\$10
Social Fee .....	\$45
Housing & Decorating Fee .....	\$75
Storage Fee .....	\$10
National Panhellenic Dues .....	\$5
T-shirts .....	Optional

### ACTIVE MEMBER FEES

*What you will pay each semester after you Initiate*

**TOTAL** .....\$738

Building Fee .....	\$340
Chapter Dues .....	\$240
National Obligation Fee .....	\$98
Panhellenic Dues .....	\$10
Social Fee .....	\$45
National Panhellenic Dues .....	\$5
T-shirts .....	Optional

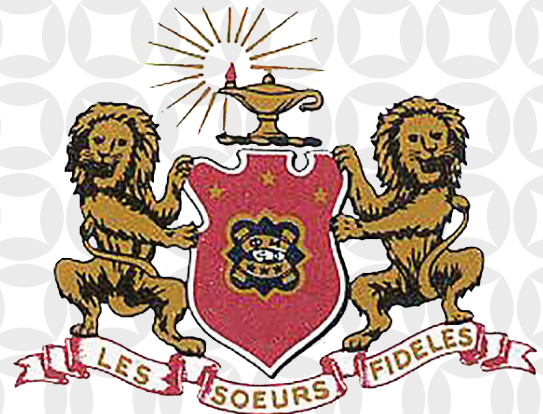
### PAYMENT PLAN INFORMATION

#### New Member Fees

Three payments of \$369

#### Active Member Fees

\$184.50 per month



*Motto:*

**“The Faithful Sisters”**





# ΣΣΣ

# Sigma Sigma Sigma

**Nickname:** Tri Sigma

**National Founding:** 1898

**NSU Founding:** 1928

**Chapter Name:** Alpha Zeta

**Mascot:** Sailboat

**Flower:** Purple Violet

**Philanthropy:** Therapeutic Play—  
Robbie Page Memorial—now partnered  
with the March of Dimes

**Colors:** Purple & White

**Chapter Website:** nsula.trisigma.org

**Suggested GPA:** 2.5



*Motto:*

**“Faithful Unto Death”**

### NEW MEMBER FEES

*What you will pay your first semester*

<b>TOTAL</b> .....	<b>\$845</b>
New Member Fee .....	\$190
Initiation Fee .....	NONE
Building Fee .....	\$230
Badge Fee .....	\$155-519 (varies by member choice)
Chapter Dues .....	\$250
Panhellenic Dues .....	\$10

### ACTIVE MEMBER FEES

*What you will pay each semester after you Initiate*

<b>TOTAL</b> .....	<b>\$465</b>
Building Fee .....	\$150
Chapter Dues .....	\$250
Panhellenic Dues .....	\$10
Social Fee .....	\$10
Insurance (House) .....	\$55

### PAYMENT PLAN INFORMATION

#### New Member Fees

One payment of \$190, two payments of \$250,  
one payment of \$155-519 (badge)

#### Active Member Fees

Three payments of \$155



# Health & Safety

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**Northwestern State University** is committed to ensuring that the joining and membership processes for our fraternities and sororities are safe. Your experience should be about connecting with your fellow students in an environment that is supportive, welcoming, respectful, and free from harm.

## Things you should be aware of are:

- Your health and safety should NEVER be endangered when joining a fraternity or sorority.
- You should always be treated with dignity and respect as a new member or aspirant when joining a student organization and when maintaining membership.
- The joining process should be educational and focused towards developing you into a productive and contributing member of the organization.
- You should know what all of the expectations and requirements of membership are and what activities are part of the joining and new member process.
- Northwestern State prohibits discrimination and sexual misconduct on the basis of sex, which includes sexual harassment, sexual assault, dating violence, domestic violence, stalking, and coercion. (See TITLE IX contact information)
- Alcohol has no place in the joining or new member process for a fraternity or sorority. Organizations who violate this will be sanctioned. Students who violate this may be sent to the Office of Student Conduct.
- Hazing is illegal in the state of Louisiana and against the policies of all fraternities and sororities and Northwestern State University.
- You must report hazing if it takes place.
- You must seek help for anyone injured due to hazing.
- There are penalties for those who haze including expulsion from the university, fines up to \$10,000, and imprisonment with or without hard labor for up to five years.

Fraternities and sororities are values based, membership development organizations that build life-long connections through character enhancement, leadership development, academic achievement, commitment to service, community involvement, life-long friendship and social experiences. Harmful or dangerous activities have no place in our organizations or our campus.

If you feel there are components to your joining or membership process that do not align with our values or that puts your mental or physical health and safety at risk, please contact the **Office of Greek Life** immediately at [greeklife@nsula.edu](mailto:greeklife@nsula.edu) or seek medical assistance by calling 911.



# Health & Safety

## HOTLINES

### **NATIONAL ANTI-HAZING HOTLINE:**

(888) NOT-HAZE

(888) 668-4293

### **NATIONAL SUICIDE PREVENTION HOTLINE:**

1-800-273-8255

### **CRISIS TEXT LINE:**

24/7, nationwide crisis-intervention text-message hotline. Text START to 741-741.

## NORTHWESTERN STATE UNIVERSITY

**UNIVERSITY POLICE:** .....(318) 357-5431

**COUNSELING SERVICES:** .....(318) 357-5621

**TITLE IX:** .....(318) 357-5570

**HEALTH SERVICES:** .....(318) 357-5351

**OFFICE OF GREEK LIFE:** .....(318) 357-5439

**DEAN OF STUDENTS:** .....(318) 357-5285



# Asking Good Questions

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## What makes a "good" question?

- A good question is relatively short, clear and unambiguous.
- Ask only one question at a time. Pouring out a string of questions (even on the same topic) is likely to confuse the person responding, since she may not know how to answer in a logical order.
- Focus on the type of answer you want to receive and then devise a question that will lead to it.
- A good question does more than solicit the right information. It also builds bonds, rapport and trust.
- Think about your values when asking questions. What do you want to learn? What do you feel the sorority can offer in terms of your values?
- A good question captures the other person's attention.

## The following are examples that you can ask during recruitment:

### Scholarship:

- Is there a grade requirement I must meet?
- If I am unable to meet the GPA, what actions are taken?
- What type of scholarship program and/or scholarships does your sorority offer?
- What kind of support does the chapter provide academically?
- Are there members in the chapter with my major?
- As a new member, will my scholarship requirements differ from an older sister's?

### Social:

- What are some of your social functions?
- Is it mandatory to attend all social functions?
- If my significant other is not in a fraternity or sorority, can he or she still attend social functions with me?

- Is there anyone in your chapter from my area/high school I might know?

### Sisterhood:

- What sisterhood activities does the chapter plan?
- Do the members spend time together outside of meetings and mandatory events?
- What makes your chapter's sisterhood strong?
- How well do you get to know everyone in the chapter?

### Activities:

- How active is your chapter in intramurals?
- Are your members involved in academic groups on campus?
- Do your members belong to athletic teams on campus?
- How involved is your sorority in other campus activities?





## Asking Good Questions (continued)

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- Do you participate in activities with other fraternities/sororities?
- What philanthropies do you support?
- Do you help support the philanthropies of other chapters?

### **Costs and time:**

- What are the time commitments as a member of your sorority?
- What are the financial commitments for a member of your sorority?
- Are there any costs on top of regular dues?
- Do you have payment plans available if needed?

### **Member education:**

- What is your new member education period like?
- What is its purpose?
- What rules do you have for new members?
- How long does it take before I am initiated?
- What is the time commitment for new members?
- What things does your chapter do to provide education to all members?

### **Comparison:**

- What are the advantages of membership in your sorority?
- What made your chapter stand out to you during recruitment?
- What is the thing you find most unique about your chapter?

### **Lifelong benefits:**

- What alumnae connections are available through your organization?
- Is there a local alumnae organization?
- Are alumnae actively involved with your chapter?

### **Housing:**

- What duties are assigned for cleaning or other tasks?
- What areas are visitors allowed/not allowed in?
- Am I required to live in the sorority house? If so, for how long?
- How are people selected or assigned to live in the chapter house?
- How much space is available for each member's belongings?

### **Leadership:**

- What leadership opportunities are available in your sorority?
- Are there positions I can hold as a new member?
- Is there training for leadership positions?
- Is there a limit to the number of positions that can be held during membership?

### **Personal/experience:**

- Why did you choose this sorority?
- How were you sure it was the right choice for you?
- How has being a member of this sorority benefited you?
- What would you have asked during recruitment if you could go back and do it again?



# Recruitment Q&A

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## ***Do I need to go to all of the events listed on my recruitment schedule?***

Yes! The objective of recruitment is for you, as a Potential New Member, to learn as much as you can about each of the chapters so that you can make the best possible decision regarding membership. If you intentionally miss an event to which you were invited to, you are not maximizing your options, and you could be released from the recruitment process.

## ***Will all participants join a sorority at the end of recruitment?***

Because recruitment is a process of mutual selection, there are many different outcomes to this process. Participation in Formal Recruitment does NOT guarantee you an invitation to join a sorority, and it is possible to go through recruitment and not pledge a sorority.

## ***If I participate in formal recruitment, am i obligated to join a sorority?***

Potential New Members who choose to participate in recruitment are not obligated to join a sorority. The recruitment process is structured to allow women interested in sorority membership the opportunity to explore Greek life and to see if it is the right fit.

## ***What if I only want to be in a certain sorority?***

Only wanting to be a member of one specific sorority or only considering a few sororities can severely limit your options for membership and can lead to disappointment. Please don't choose a sorority based on stereotypes or others' opinions. We encourage you to keep an open mind about the chapters and make a decision that is right for you.

## ***Can I go through formal recruitment as an upperclassman?***

Yes! Most PNMs may be first-year students, but upperclassmen also are encouraged to register.

## ***What if I am going to miss or be late for an event during formal recruitment?***

If there is an conflict that will cause you to miss an event or round, let us know immediately. We will inform the chapters that you will be absent and allow you to make rankings. Be aware that being absent may put you at a disadvantage for being selected by a chapter when they rank PNM's but that it will not cause you to be removed from the recruitment process should you keep us informed.

## ***Is it difficult to balance sorority life and academics?***

Time management is key. Many sorority women are able to manage sorority responsibilities, jobs, or internships, academics, and involvement in other campus organizations. If you are interested in joining a sorority but have concerns about the time commitment, feel free to ask active members how they balance their time!



# What to Wear

## RECRUITMENT

## Style Guide



### Sisterhood

You will want to be comfortable while making a great first impression on the first day. Wear an NSU t-shirt of your choice but be sure to pair with bottoms that are appropriate such as shorts, slacks, jeans, or a tasteful skirt and some fun jewelry. Wear comfortable shoes such as flats or wedges and avoid anything that is too tight or too short.



### Philanthropy

The philanthropy round is a bit more formal than open house so you will want your attire to reflect that. A nice dress, romper, or dressy skirt and top, flats, sandals, and comfortable heels are appropriate. Remember to avoid shoes that are uncomfortable and clothing that is too short, tight, or revealing.



### Preference

Preference is the most formal round. Cocktail-length, semiformal attire should be worn or “Sunday Best.” Comfortable heels and conservative jewelry would be appropriate. Avoid sequins, long formals, or prom-like dresses and anything too short, tight, or revealing.







# Step Right Up to the Greek Show!

## Be Sure to Register for Formal Recruitment!

Register at [greeks.nsula.edu](http://greeks.nsula.edu) or use the QR Code  
Recruitment Will Take Place September 2-4!



Download the ICS Recruit App



## Attend Events to Prepare for Recruitment!

Meet & Greek • Mon, Aug 15

Panhellenic Open House • Sun, Aug 28

Get the Inside Scoop of Sorority Life • Wed, Aug 31

See Inside for More Events

Meet  
Your  
Sisters!

